MS 3XC3/5XC5/6XC6 SYLLABUS The Ministry of Pastoral Care

McMaster Divinity College Phil C. Zylla, D.Th. Office #: 215 Ext. 20104 Fall Term 2023

Tuesday 11:00am-12:50pm

3/5/6

Specializations: PS, CW, CS, CC, BS

Biography:

Dr. Phil Zylla Professor of Pastoral Theology at McMaster Divinity College and holds the J. Gordon and Margaret Warnock Jones Chair in Church and Ministry. Dr. Zylla served as a pastor for many years and has an abiding interest in pastoral care as a sustaining ministry of the church. His research interests are in pastoral theology and Christian spirituality. He is author of *Virtue as Consent to Being* (Pickwick Press) and *The Roots of Sorrow: A Pastoral Theology of Suffering* (Baylor University Press). He is married to Melodie and lives in Ancaster, Ontario.

Course Description:

Pastoral care involves shaping human values, cultivating authentic spiritual community, and alleviating human suffering. Pastoral theologian C.W. Brister suggests that such work requires "theological wisdom, moral clarity and personal courage." The search for such wisdom, clarity and courage will guide the aims of this course. The practices of pastoral care in a variety of ministry contexts will be explored in depth. Participants will be invited to explore their own framework for moral vision, to articulate a vision of pastoral care for their own ministry context, and to prepare themselves for a deeper participation in the care of others.

Course Objectives:

KNOWING

- 1. To explore the <u>foundational theological themes</u> of compassion, hope and communion as a framework for the ministry of pastoral care.
- 2. To acquire a <u>heightened understanding</u> of pastoral care in various situations.
- 3. To widen the horizons of pastoral concern to include the social dimensions of care.

BEING

- 4. To grow in spiritual vision and compassion for others.
- 5. To gain confidence in one's own capacity for pastoral intervention in crisis situations.

DOING

- 6. To <u>formulate a paradigm</u> for sustained pastoral care with those in need.
- 7. To <u>practice intervention strategies</u> in common situations requiring pastoral care.
- 8. To grow in skills of empathy, listening, and consolation.

Required Course Textbooks:

Capps, Donald. *The Poet's Gift: Toward the Renewal of Pastoral Care*. Louisville: Westminster/John Knox Press, 1993.

Dykstra, Robert C. Images of Pastoral Care. St. Louis, Chalice Press.

Dunlap, Susan J. Caring Cultures: How Congregations Respond to the Sick. Waco: Baylor University Press, 2009.

Lester, Andrew D. Hope in Pastoral Care and Counseling. Louisville, Kentucky: Westminster John Knox Press, 1995.

Nouwen, Henri J.M. Can You Drink the Cup? Notre Dame, Indiana: Ave Maria Press, 1996.

COURSE OUTLINE	Tuesdays 11:00am – 12:50pm
September 12, 2023	Themes and Metaphors of Pastoral Care
September 19, 2023	Hope in Pastoral Care and Counseling
September 26, 2023	Cultivating a Caring Community
October 3, 2023	Narrating Life Stories
October 10, 2023	Reading Week – no class
October 17, 2023	Inhabiting Compassion
October 23-27, 2023	Chapel: Can You Drink the Cup Poems Spirituality of Pastoral Care
October 31, 2023	Pastoral Care Emergencies
November 7, 2023	Pastoral Care in Tragedy
November 14, 2023	Life Stages and Pastoral Care
November 21, 2023	Spiritual Disillusionment, Depression and Suicide
November 28, 2023	Pastoral Care in Illness
December 5, 2023	Ritual and Pastoral Care Final Chapel and Course Poems

COURSE REQUIREMENTS:

The course design is collegial and interactive. Participants are expected to attend all class sessions, engage in meaningful discussions in small groups, to interact in the various opportunities of the course, and to complete all reading, written and participatory assignments.

1. Pastoral Care Case Sessions (20 marks)

The course will be divided into work groups (<u>by specialization</u>) for analysis and reflection of case studies, films and written stories. Each person will lead a session in their work group in a creative exercise meant to strengthen participant's capacity to enact pastoral care in complex situations. This will involve role play, investigation, analyzing a situation and responding to various media. The session will be peer-evaluated and graded by the professor. <u>Sign-up on the first day of class</u> for a date to lead your peer group.

2. <u>Textbook Review (6-8 pages):</u> (15 marks)

The book reviews are intended to draw out the questions of the participants as they engage the theme of this course. Select one of the core textbooks (excluding - Can You Drink the Cup?)

- a. Summarize the way this book helps you to frame your understanding of the ministry of pastoral care.
- b. Explore the questions that this book raises for you and the guiding insights gained.
- c. What is(are) the primary premise(s) of the book?
- d. Demonstrate how you would apply the insights of this volume in the ministry of pastoral care.
- e. How does this volume relate specifically to your specialization and what questions does it raise? **Due Date: October 31, 2023**

3. <u>Poems:</u> (5 marks for each poem)

Two chapel times are scheduled during the course. Participants will be invited to present a theopoetic poem in each of these integrative sessions. Criteria used to mark these assignments are:

- a. personal integration
- b. biblical/theological congruity
- c. creativity
- d. engagement of core themes in the course
- e. moral vision <u>Due Dates</u>: Poem # 1 October 17, 2023 Poem # 2 December 5, 2023

4. <u>Literature Review</u> (25 marks)

<u>Choose seven (7) books</u> for review from the selected course bibliography for exploration of the themes of the ministry of care. These <u>books should reflect your specialization</u> (PS, CW, SC, CC or BS). [Other volumes can be used by permission of the professor.] Develop a <u>one page summary</u> for each book that includes:

- a. Information about the author.
- b. Key insights and quotes from the volume.
- c. Ideas about the application of the book for the ministry of care.
- d. Identification of questions that this book raises for further exploration.
- e. Application to one's own ministry context.

Due Date: November 14, 2023

5. <u>Final Essay:</u> 15 pages (30 marks)

Participants are invited to <u>write a 12-15 page essay</u> that summarizes your own reflections on the ministry of pastoral care and <u>that fits with your area of specialization</u>. It is expected that participants will draw on the course textbooks and at least eight other sources (books or journal articles) that are <u>specific to one's own specialization</u> for this essay.

Essay topics include:

For Christian Worldview (CW) Specialization:

Spirituality for Pastoral Care Postmodern Issues in Pastoral Care, Other topics – by permission

For Pastoral Studies (PS) Specialization:

Cultivating a Caring Community
Crisis Intervention in Pastoral Care
Spirituality for Pastoral Care
Pastoral Care in the Church
Other topics – by permission

For Church and Culture (CC) Specialization:

Postmodern Issues in Pastoral Care Social Dimensions of Pastoral Care Spirituality for Pastoral Care Other topics – by permission

For Spiritual Care and Counseling (CS) Specialization:

Spirituality for Pastoral Care
Pastoral Care and the Life Cycle
Crisis Intervention in Pastoral Care
Other topics – by permission

For Biblical Studies (BS- NT or OT) Specialization:

Pastoral Care and the Bible A Biblical Theology of Care Hope in the Scriptures Other topics – by permission

The essays will be graded with the following criteria in mind:

- *interaction with primary textbooks
- *theological reflection
- *creativity and writing style
- *intellectual and spiritual honesty
- *ministry integration
- *use of specialization-specific resources

Essay Due: December 5, 2023

(n.b. College policy is that any papers submitted after the final day of classes will receive 0)

COURSE REQUIREMENTS FOR ADVANCED DEGREE STUDENTS DPT, MA/PhD

Annotated Bibliography on Pastoral Care (25 marks)

From the selected bibliography choose thirteen (13) volumes and prepare an annotated bibliography. Include a brief description of the key arguments, information about the author, five

summative contributions of the book to pastoral care and pastoral theology, key quotations and insights and details about the reference. Each entry should be 1-1.5 pages double-spaced.

Due: October 31, 2023

Group Facilitation (20 marks)

Read all of the required course texts books. Oversee the work groups in the MDiv/MTS class. Evaluate participants and help to facilitate a deep reading of the texts. Also facilitate the group presentations at the end of course. Provide a written summary of your experiences leading the group, the ways that you supported learning in the course, and the evaluation of each group participant [evaluation procedures will be provided by the professor].

Due: December 5, 2023

Essay on Pastoral Care (40 marks)

From your in-depth reading of the field of pastoral care, choose one core topic [approved by the professor] for a research paper (40 pages). This paper should demonstrate advanced degree level engagement on the theme and should include at least thirty references (books and articles). The paper should present the leading edge discussions on the theme at hand and demonstrate understanding of the historical and contemporary interpretations of that issue in pastoral care. Topics to consider: addictions, grief care, human development [various age groups], aging, marriage/divorce, trauma, spirituality of pastoral care, theology of hope, theology of suffering, confidentiality and ethics in pastoral care, biblical theology of pastoral care, estrangement, psychological disorders, conflict management, theology of anger, crisis counseling. Other topics by request.

Due: November 28, 2023

Syllabus Writing (15 marks)

Write a syllabus for an MDiv course on pastoral care. Use the research from your essay and from your reading list to develop the themes and lectures for the course.

Due: December 5, 2023

Late Papers: Late papers will be docked 1% each day late. (Extensions will only be granted in exceptional circumstances such as extended illness, etc.).

Spacing: All assignments are to be double-spaced.

Academic Honesty

Academic dishonesty is not qualitatively different from other types of dishonesty. It consists of misrepresenting the ownership of written work by deception or by other fraudulent means. In an academic setting this may include any number of forms such as: copying or using unauthorized aids in tests, examinations; plagiarism, i.e., submitting work that is not one's own (regardless of the means of its production) but passing it off as if it is; submitting work for credit in a course for which credit is being or has already been given, unless the previously submitted work was presented as such to the instructor of the second course and has been deemed acceptable for credit by the instructor of that course; aiding and abetting another student's dishonesty; giving false information for the purposes of gaining admission or credit; giving false information for the purposes of obtaining deferred examinations or extension of deadlines; forging or falsifying McMaster University or McMaster Divinity College documents.

AODA

In accordance with the Accessibility for Ontarians with Disabilities Act (AODA), the content of this course is intended to be accessible to all students who are enrolled in the course, including those with disabilities. If a student requires accommodation to participate fully in this course, that student is to contact SAS at McMaster University, who will then work directly with the McMaster Divinity College Registrar to negotiate reasonably appropriate accommodation for the student. The MDC Registrar will communicate with faculty regarding necessary accommodations. Please note that an accommodation is not retroactive and must be requested in advance to allow sufficient time for implementation.

Gender Inclusive Language

McMaster Divinity College uses inclusive language for human beings in worship services, student written materials, and all its publications. It is expected that inclusive language will be used in chapel services and all MDC assignments. In reference to biblical texts, the integrity of the original expressions and the names of God should be respected, but you will need to use gender-inclusive language for humans, and you will need to quote from a gender-inclusive version such as, for example, the following: NRSV (2021), NCV (1991), TEV/GNB/GNT (1992), CEV (1995), NLT (1996), NIV (2011), and the CEB (2011).

Bookstore

All required textbooks for this class are available from the Hurlburt Family Bookstore located beside the entrance to the Nathaniel H. Parker Memorial Chapel of McMaster Divinity College. To purchase in advance, you may contact the bookstore manager, Bernice Quek, by phone at 416.620.2934 or 416.668.3434 (mobile); or by email at books@readon.ca. The Hurlburt Family Bookstore also carries other books and merchandise and is open throughout the academic year during posted hours.

College Style for Submission of Written Work:

All written work—unless informed otherwise by the professor—is to be submitted in accordance with the *McMaster Divinity College Style Guide for Essays and Theses*, available on the McMaster Divinity College web-site.

Contacting the Instructor: Dr. Phil C. Zylla **Work Phone**: (905) 525-9140 Ext. 20104

E-mail: zyllap@mcmaster.ca

Appointments: email instructor with request for Zoom or in person meeting

Disclaimer: This syllabus is the property of the instructor and is prepared with currently available information. The instructor reserves the right to make changes and revisions up until the first day of class.

The Ministry of Pastoral Care - Selected Bibliography

- Anderson, Ray S. Self Care: A Theology of Personal Empowerment and Spiritual Healing. Eugene: Wipf and Stock, 1995.
- Ayres, Jennifer R. *Good Food: Grounded Practical Theology.* Waco, TX: Baylor University Press, 2013.
- Beach, Lee. The Church in Exile: Living in Hope After Christendom.
- Beker, J. Christian. *Suffering and Hope: The Biblical Vision and the Human Predicament*. Minneapolis: Augsburg Fortress, 1987.
- Benner, David. *The Gift of Being Yourself: The Sacred Call to Self-Discovery*. Downer's Grove, IL: InterVarsity Press, 2004.
- Boff, Leonardo. *Essential Care: An Ethics of Human Nature.* Waco, TX: Baylor University Press, 2008.
- Bonhoeffer, Dietrich. *Life Together: The Classic Exploration of Faith Community.* New York: Harper & Row, 1954.
- Borchert, Gerald L., and Andrew D. Lester, eds. *Spiritual Dimensions of Pastoral Care*. Philadelphia: The Westminster, 1985.
- Bouma-Prediger, Steven, and Brian J. Walsh. *Beyond Homelessness: Christian Faith in a Culture of Displacement*. Grand Rapids: Eerdmans, 2008.
- Brister, C.W. Pastoral Care in the Church. New York: HarperCollins, 1992.
- Browning, Don S. *The Moral Context of Pastoral Care*. Louisville, KY: Westminster John Knox, 1983.
- _____. *Religious Ethics and Pastoral Care.* Philadelphia: Fortress, 1983.
- _____. Religious Thought and the Modern Psychologies: A Critical Conversation in the Theology of Culture. Philadelphia: Fortress, 1987.
- Burns, Bob, et al. *Resilient Ministry: What Pastors Told Us about Surviving and Thriving.* Downers Grove, IL: IVP, 2013.
- Campbell, Alastair V. *Rediscovering Pastoral Care*. Philadelphia: The Westminster, 1981.
- Donald Capps. Life Cycle Theory and Pastoral Care. Philadelphia: Fortress, 1983.

Fortress, 1998.
Pastoral Care and Hermeneutics. Philadelphia: Fortress, 1984.
Reframing: A New Method in Pastoral Care. Philadelphia: Fortress, 1990.
Pastoral Counseling and Preaching: A Quest for an Integrating Ministry. Eugene, OR: Wipf & Stock, 1990.
<i>The Decades of Life: A Guide to Human Development.</i> Louisville: Westminster John Knox, 2008.
<i>The Poet's Gift: Toward the Renewal of Pastoral Care</i> . Louisville: Westminster John Knox Press, 1993.
Crabb, Larry. Connecting: A Radical New Vision. Nashville, TN: Thomas Nelson, 1997.
Doehring, Carrie. <i>The Practice of Pastoral Care: A Postmodern Approach</i> . Louisville, KY: Westminster John Knox, 2006.
Taking Care: Monitoring Power Dynamics and Relational Boundaries in Pastoral Care & Counseling. Nashville, TN: Abingdon, 1995.
Dunlap, Susan J. Caring Cultures: How Congregations Respond to the Sick. Waco, TX: Baylor University Press, 2009.
Dykstra, Robert C. ed. <i>Images of Pastoral Care: Classic Readings</i> . St. Louis, Missouri: Chalice Press, 2005.
Egan, Gerard. The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping. Belmont, CA: Brooks/Cole, 2010.
Erikson, Erik H. <i>Insight and Responsibility</i> . New York: W.W. Norton, 1964.
The Life Cycle Completed. New York: W.W. Norton, 1982.
Ford, S. Dennis. <i>Sins of Omission: A Primer on Moral Indifference.</i> Minneapolis: Fortress, 1990.
Fowler, James W. Faithful Change: The Personal and Public Challenges of Postmodern Life. Nashville, TN: Abingdon, 1996.
Stages of Faith: The Psychology of Human Development and the Quest for Meaning, San Francisco: Harper & Row, 1981

- Frazee, Randy. *The Connecting Church: Beyond Small Groups to Authentic Community.*Grand Rapids: Zondervan, 2001.
- ______. Making Room for Life: Tracing Chaotic Lifestyles for Connected Relationships. Grand Rapids: Zondervan, 2003.
- Fuller, Robert C. Religion and the Life Cycle. Philadelphia: Fortress, 1988.
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- Gill, Robin. *Churchgoing and Christian Ethics*. Cambridge: Cambridge University Press, 1999.
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- Hastings, W. Ross. Where Do Broken Hearts Go? Eugene, OR: Cascade Books, 2016.
- Hart, Archibald, D. Coping with Depression: In the Ministry and Other Helping Professions. Waco, TX: Word, 1984.
- Hiltner, Seward. Preface to Pastoral Theology. Nashville, TN: Abingdon, 1958.
- Hoffman, John C. Faith-full Stories: The Narrative Road to Religion. Toronto: The United Church, 1994.
- Hopkins, Denise Dombkowski. *Grounded in the Living Word: The Old Testament and Pastoral Care Practice.* Grand Rapids: Eerdmans, 2010.
- Hulme, William E. *Pastoral Care and Counseling: Using the Unique Resources of the Christian Tradition.* Minneapolis: Augsburg, 1981.
- Jones, Serene. *Trauma and Grace: Theology in a Ruptured World.* Louisville, KY: Westminster John Knox, 2009.
- Kreeft, Peter. Making Sense Out of Suffering. Ann Arbor, MI: Servant Books, 1986.
- Kujawa-Holbrook, Sheryl, and Karen B. Montagno, eds. *Injustice and the Care of Soul: Taking Oppression Seriously in Pastoral Care.* Minneapolis: Fortress, 2009.

- Kushner, Harold S. When Bad Things Happen to Good People. New York: Avon, 1981.
- Kübler-Ross, Elisabeth. On Death and Dying. New York: Scribner, 1969.
- Lartey, Emmanuel Y. *In Living Color: An Intercultural Approach to Pastoral Care and Counseling*. London: Cassell, 1997.
- Leddy, Mary Jo. Radical Gratitude. Maryknoll, NY: Orbis, 2005.
- Lehr, Fred. Clergy Burnout: Recovering from the 70-Hour Work and Other Self-Defeating Practices. Minneapolis: Fortress, 2006.
- Lester, Andrew D. *Hope in Pastoral Care and Counseling*. Louisville, KY: Westminster John Knox Press, 1995.
- _____. *Pastoral Care with Children in Crisis.* Philadelphia: Westminster, 1985.
- _____. *The Angry Christian*. Westminster/John Knox Press, 2005.
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 . Working the Angles: The Shape of Pastoral Integrity. Grand Rapids: Eerdmans,
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