

**CHRISTIAN SPIRITUALITY TODAY**

**MS 3XW3 (MDiv/MTS)**

**MS 5XW5 (DPT)**

Dates: Wednesdays, 9:00 a.m. – 12:50 p.m.

May 3–June 14, 2023

Facilitator: Dr. Michael Knowles

Divinity College 214

knowlesm@mcmaster.ca



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**Course Statement**

What does it mean to be human in the presence of God?

What are the goals of the spiritual life?

What does spiritual maturation consist of, and how is it fostered?

What difference does spiritual temperament make to pilgrimage?

Whereas Christian theology and education typically focus on the relationship between “knowing” and “doing,” spirituality concerns ways of “being.” Not reducible either to intellect or to agency, spirituality speaks of our *identity* in the presence of God, as a precondition that provides the context for Christian understanding and ministry alike. Accordingly, this course will discuss models of Christian identity and explore ways in which spirituality shapes our thinking, ministry, and mission in relation to the life of the church.

**Specializations:** Church and Culture  
Christian Worldview  
Counselling & Spiritual Care  
Pastoral Studies

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**Learning Goals**

- ▶ To identify theological and practical dimensions of spiritual *maturity* in Christian tradition (“Where are we headed in the Christian life?”);

- ▶ To specify the theological foundations of spiritual practice (“Why are we headed there?”)
- ▶ To identify specific spiritual *disciplines*, with historical examples of their practice (“What can we do to get there?”);
- ▶ To clarify operational *links* between spiritual disciplines and intended outcomes (“How does this discipline actually change us?”); and
- ▶ To assess the *efficacy* or functionality of particular spiritual disciplines (“To what degree can this discipline be of spiritual benefit?”).

## Course Objectives

### KNOWING

- ▶ To understand the nature of Christian spirituality in its various expressions
- ▶ To gain a basic understanding of different forms and models of Christian spirituality
- ▶ To define the goals of Christian discipleship

### BEING

- ▶ To identify, appropriate, and validate a model of personal spiritual identity
- ▶ To reflect in personal terms on ministry rôles as expressions of Christian identity

### DOING

- ▶ To practise (and assess) various forms of spiritual discipline
- ▶ To formulate approaches to discipleship and ministry that take spiritual identity into consideration
- ▶ To design and assess programmes of personal and/or congregational spiritual formation

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## Course Texts and Resources

Foster, Richard J. *Prayer: Finding the Heart's True Home*. New York: HarperSanFrancisco, 1992.

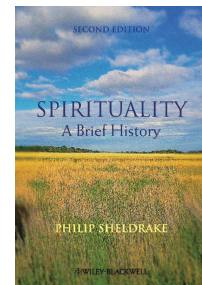
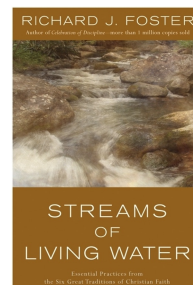
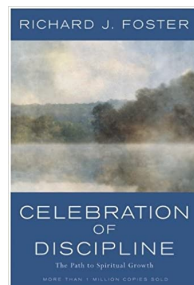
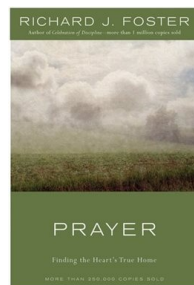
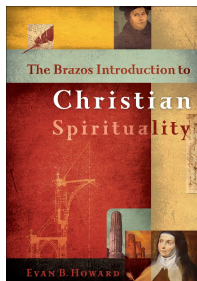
Howard, Evan B. *The Brazos Introduction to Christian Spirituality*. Grand Rapids: Brazos, 2008.

All required textbooks are available from the McMaster Divinity College book service, READ On Books, located in the Hurlburt Family Bookstore in Cullen Hall. For advance purchase, orders can be placed by phone (416.620.2934), text

(416.668.3434), or email (books@readon.ca), with payment by e-transfer, credit card, or cheque; shipping is free for students. Other retailers may also carry these texts.

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<http://www.readon.ca>  
Tel: 416.620.2934  
FAX: 416.622.2308



## Supplementary Resources

Foster, Richard J. *Celebration of Discipline: The Path to Spiritual Growth*. San Francisco: Harper and Row, 1978.

Foster, Richard J. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. New York: HarperCollins, 1998.

Sheldrake, Philip. *Spirituality: A Brief History*. 2<sup>nd</sup> edition. Wiley Blackwell Brief Histories of Religion. Chichester: Wiley-Blackwell, 2013.

Thomas, Gary. *Sacred Pathways: Discover Your Soul's Path to God. Updated and Expanded*. Grand Rapids: Zondervan, 2010.

Ware, Corinne. *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth*. Lanham, MD: Rowman and Littlefield, 2014.

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## Course Schedule and Assignments

This course meets on Wednesday mornings between May 3 and June 14, 2023; participation in all seven sessions is a course requirement. Students will select either in-person or virtual participation for the entire course. Unless prevented by distance, all students are asked to participate in person for the concluding class retreat.

Professional degree requirements (MDiv/MTS) include a minimum 1,000 pages of reading, including the course texts and research for assignments.

Doctor of Practical Theology requirements include a minimum 2,000 pages of reading. In addition, assignments completed at the doctoral level must engage reading materials at the level of critical theory and understanding as well as pastoral practice.

**1. Module One      Christian Spirituality: What is it?** (May 3)

- a. Reading: Howard, *Brazos Introduction to Christian Spirituality*, 13–36; 113–44.
- b. *Pilgrimage: A Journal of the Journey*

Throughout the course, keep a journal that records your spiritual journey. Whereas prayer journals typically record answers to prayer, the purpose of this journal is to reflect on your experience of seeking, fleeing, abiding in, and/or practising the presence of God, as the case may be. More than a devotional exercise, this is a *reflection on spiritual identity and practice*, as you consider such questions as:

- ▶ Who am I/are we in the presence of God?
- ▶ How and why do I draw near to, evade, or rest in God's presence?
- ▶ Where are the Father, Son, and Holy Spirit at work in my life/the life of my community?
- ▶ To what extent am I/are we aware of God's presence?
- ▶ In what ways does God presently pursue or evade us?

At the conclusion of the class sessions, submit a 500 word summary that describes your spiritual pilgrimage during the period of this course and, in particular, ways in which the course materials have enriched, challenged, or confused you along the way. In other words, what have you been able to put into practice concerning the theological character, goals, and intended outcomes of spiritual discipline?

MDiv/MTS    500 words (10%)  
DPT            500 words (5%)

Due: June 14

## 2. Module Two     In the Shadow of the Cross: The Contours of a Christ-Shaped Life

(May 10)

- a. Reading: Howard, *Brazos Introduction to Christian Spirituality*, 195–227
- b. *Life Stories*: An Assignment in Spiritual Narrative

This assignment facilitates reflection on the shape of Christian experience in conversation with particular examples of Christian biography and/or ministry, with a view to defining spiritual maturity and clarifying the operational functions of spiritual discipline in particular.

- i. Using the sign-up sheet on the course page, select one book from the list below (in some instances the edition listed is only one of several available). Your written assignment will explore the following considerations:
  - (1) *Narrative*
    - (a) What is the shape or direction of this person's experience?
    - (b) How is this person different at the end of the story?
    - (c) What have they learned about themselves and God?
  - (2) *Theology*
    - (a) According to the writer, what rôle does God play in the unfolding of events?
    - (b) How would their experience have been different without God?
    - (c) What is the writer's operative theology?
  - (3) **DPT only**: Citing appropriate background material, discuss the spirituality of the author in relation to relevant historical, confessional, and theological factors, noting points of dissonance or overlap with spiritual practice today.
- ii. Identify a passage for others to read that encapsulates the message or import of this book (the length of the passage depends on its importance to the purpose of the story). Post the passage (with bibliographic information) on the web page provided for this purpose.

MDiv/MTS    1,500 words (25%)  
DPT            1,500 words (15%)

Due: May 10

Augustine, Saint. *Confessions*. Trans. R. S. Pine-Coffin. Harmondsworth: Penguin, 1961.

Blackaby, Henry T., and Claude V. King. *Experiencing God: How to Live the Full Adventure of Knowing and Doing the Will of God*. Nashville: Broadman and Holman, 1994.

- Bunyan, John. *Grace Abounding to the Chief of Sinners*. London: Dent Dutton, 1976.
- Lamott, Anne. *Travelling Mercies: Some Thoughts on Faith*. New York: Random House, 1999.
- Lewis, C. S. *Surprised by Joy: The Shape of My Early Life*. London: Geoffrey Bles, 1955.
- Lischer, Richard. *Open Secrets: A Memoir of Faith and Discovery*. New York: Broadway, 2001.
- Merton, Thomas. *The Seven Storey Mountain*. New York: Harcourt, 1998 (1948).
- Nouwen, Henri J. M. *The Inner Voice of Love: A Journey Through Anguish to Freedom*. New York: Doubleday, 1996.
- Peterson, Eugene H. *The Pastor: A Memoir*. New York: HarperOne, 2011.
- Qureshi, Nabeel. *Seeking Allah, Finding Jesus: A Devout Muslim Encounters Christianity*. Grand Rapids: Zondervan, 2014.
- Rademacher, Kate H. *Following the Red Bird: First Steps into a Life of Faith*. Durham, NC: Light Messages, 2017.
- Rockness, Miriam Huffman. *A Passion for the Impossible: The Life of Liliias Trotter*. 2<sup>nd</sup> ed. Grand Rapids: Discovery House, 2003.
- Thérèse of Lisieux, St. *Story of a Soul: The Autobiography of St. Thérèse of Lisieux*. 3rd ed. Trans. John Clarke. Washington: ICS, 1996.
- Winner, Lauren F. *Girl Meets God: On the Path to a Spiritual Life*. Chapel Hill: Algonquin, 2002.
- Yancey, Philip. *Soul Survivor: How My Faith Survived the Church*. New York: Doubleday, 2001.

### 3. **Module Three Types and Typologies: Different Ways in the Way of Christ**

(May 17)

- a. Reading: Howard, *Brazos Introduction to Christian Spirituality*, 229–95
- b. *Spiritual Inventories*

Complete three spiritual inventories. As an initial means of assessing different approaches to the spiritual life, what do they tell you about yourself and/or how

accurately do they reflect your own sense of spiritual identity? Since none of them is definitive, feel free to substitute another inventory for one of the three.

i. Gary Thomas, *Sacred Pathways*

(1) Gary Thomas, *Sacred Pathways: Discover Your Soul's Path to God. Updated and Expanded* (Grand Rapids: Zondervan, 2010).

(2) [www.garythomas.com/wp-content/uploads/2014/10/sacredpathways.pdf](http://www.garythomas.com/wp-content/uploads/2014/10/sacredpathways.pdf)

ii. "Spiritual Types" exercise

(1) Richard Foster, *Streams of Living Water: The Great Traditions of the Christian Faith* (New York: Harper San Francisco, 1998).

(2) Self-assessment template available on the A2L course page

iii. "The Spirituality Wheel"

(1) Corinne Ware, *Discover Your Spiritual Type: A Guide to Individual and Congregational Growth* (Lanham, MD: Rowman and Littlefield, 2014).

(2) <http://www.episcowhat.org/ware-spirituality-type-indicator.html>

c. **DPT/PhD only:** *Spirituality and the Challenge of the Past*

This assignment situates contemporary approaches to Christian spirituality and spiritual discipline (your own in particular) within a broader historical context. Philip Sheldrake, *Spirituality: A Brief History* (Chichester: Wiley-Blackwell, 2013), identifies six different periods of Christian spirituality, each grouped according to similarities of approach or context (monasticism, urban identity, reform, etc.). Supplementing material from this text with appropriate scholarly resources, explain how one particular movement, group, or individual challenges your understanding of Christian spirituality and causes you to reflect on your own devotional practice and/or that of your church or ministry setting. Try to select factors that differ or depart from your own spiritual heritage, while emphasizing forms of expression that are relevant to your programme of research.

DPT                      2,500 words (25%)

Due: May 17

4. **Module Four      Spiritual Disciplines: Their Form and Function**

(May 24)

a. Reading: Foster, *Prayer: Finding the Heart's True Home*

Howard, *Brazos Introduction to Christian Spirituality*, 299–335

b. *Different Ways to Pray* (MDiv/MTS only)

Since prayer is the most basic spiritual discipline, and a foundational expression of life lived in the presence of God, the primary goal of this assignment is to foster theological reflection on the practice of God's presence. A secondary goal is to facilitate class-wide engagement in reflective practice (in this case as applies to the practice of prayer), with a view to understanding the operational links between particular forms of prayer and the spiritual benefits that are their intended outcome.

Using the sign-up sheet on the relevant A2L course page, select one style from each of Parts One ("Moving Inward"), Two ("Moving Upward"), and Three ("Moving Outward") of *Prayer: Finding the Heart's True Home*. Two slots will be available for each of the 21 styles that Foster describes. After practising each form or approach for a suitable length of time, summarize what you have learned concerning prayer.

MDiv/MTS 750 words (15%)

Due: May 24

5. **Module Five Models of Christian Maturity**

(May 31)

- a. Reading: Howard, *Brazos Introduction to Christian Spirituality*, 337–401
- b. *Spiritual Disciplines: A User's Manual*

Your task is to offer a comprehensive theological and operational account of a specific spiritual discipline as practised within Christian tradition, thereby addressing that considerations of "Where," "Why," "What," "How," and "How much?" that are specified in the course "Learning Goals." Disciplines may include (but are not limited to) those discussed by Richard J. Foster in *Celebration of Discipline: The Path to Spiritual Growth* (San Francisco: Harper and Row, 1978):

*Inward Disciplines*

- Meditation
- Prayer
- Fasting
- Study

*Outward Disciplines*

- Simplicity
- Solitude
- Submission
- Service

*Corporate Disciplines*

- Confession
- Worship
- Guidance
- Celebration



Complementing Foster's list are the seven sacraments of Western ecclesiastical tradition ("holy mysteries" in Orthodox tradition):

*Sacraments of Initiation*

- Baptism
- Confirmation/  
Chrismation
- Eucharist/  
Lord's Supper

*Sacraments of Healing*

- Reconciliation  
(Confession &  
Absolution)
- Anointing of  
the Sick (Healing)

*Sacraments of Service*

- Matrimony
- Ordination/  
Holy Orders

Other practices or disciplines may capture your interest, among them:

- |                     |                        |                       |
|---------------------|------------------------|-----------------------|
| • Adoration         | • <i>Lectio divina</i> | • Silence             |
| • Almsgiving        | • Obedience            | • Social activism     |
| • Chastity/Celibacy | • Pilgrimage           | • Spiritual Direction |
| • Hospitality       | • Poverty              | • Thanksgiving        |
| • Journaling        | • Self-examination     |                       |

In this assignment, you are contributing one chapter to a user's manual of spiritual disciplines which, upon completion, will become the common property of all class members. Your contribution may incorporate written explanations; audio/video materials; web-based resources, examples, or illustrations; and practical exercises. Where appropriate, incorporate both individual and congregational practices. Remember, however, to distinguish between *spiritual disciplines* (which seek to deepen our communion with God) and *ministerial practices* (which serve and bind us in community with others), particularly when a specific discipline includes both devotional and missional dimensions.

For your chapter:

- A. Select one spiritual discipline by signing up for it online (but please check with the instructor if you propose to address an approach not listed here). Describe the details of its practice (i.e., what does the practitioner actually "do"?), giving examples that illustrate when, where, and how this discipline has been practised in the course of church history.
- B. Explain how this discipline "works." In what way does it convey spiritual benefit to the practitioner(s)? What resources, if any, does successful performance

require? What is its relation to the work of the Spirit and the exercise of spiritual gifts that are cited in the New Testament?

- C. Explain why the intended benefit is necessary or important in the spiritual life. How does it contribute to spiritual “maturity,” whether in theory or practice? Field test the discipline in question and report your findings.
- D. Post your material (1,500 words or equivalent) on the course website.
- E. *Optional*: comment on the design and content of materials posted by other members of the class.
- F. Revise your chapter, as appropriate, in response to peer assessments.

MDiv/MTS 1,500 words (25%)  
DPT 1,500 words (15%)

Due: May 31

## 6. **Module Six: Discernment; Direction; Devotion**

(June 7)

- a. Reading: Howard, *Brazos Introduction to Christian Spirituality*, 403–37
- b. **DPT only**: *Spirituality and Research*

The final DPT essay is intended to help students explore the relevance of spirituality, spiritual identity, and spiritual disciplines to their individual programmes of research. In this assignment, you are correlating spiritual practice and identity with your own practice-led research, with a view to discerning possible benefits for the ministry situation that you address.

- i. Briefly describe the proposed research that is the main focus of your DPT programme (research questions, critical methodology, stages of implementation, anticipated findings, etc.).
- ii. Assess your project from the perspective of different approaches to spiritual identity and practice.
  - (1) In what ways is spirituality or spiritual identity relevant (or irrelevant) to this research?
  - (2) What contribution could spiritual practices or disciplines make to its conduct and research outcomes?
  - (3) In what way(s) does this project seek to form spiritual identity?

- (4) In what way(s) does it address the interplay of divine and human agency?
- (5) How or where is God assumed to be at work, and to what extent to do we remain responsible for our own spiritual development?
- (6) What questions of critical theory (models of spiritual identity; psychology; human development, etc.) does your research involve?
- iii. Propose refinements to the concept and implementation of your research that will make it accessible and beneficial (i.e. facilitate spiritual maturation) for a wider range of temperaments, learning styles, or spiritual types.

DPT 2,500 words (25%)

Due: June 21

## 7. Module Seven: Course Retreat: Inward, Upward, and Outward with Christ

(June 14)

- a. Course Retreat/Devotional Leadership
  - i. The purpose of this in-person retreat is to put into practice insights from the course with respect to Christian spirituality and spiritual disciplines. In the course of the retreat, each student will lead the other participants in a devotional exercise of their choosing (as selected in advance; 15 minutes max.).
  - ii. To formulate your devotional exercise, consider:
    - (1) The nature of Christian spirituality (module one),
    - (2) The stages of a Christ-shaped life (module two),
    - (3) Varieties of spiritual self-expression (module three)
    - (4) Different forms and functions of prayer (module four)
    - (5) The rôle of specific spiritual disciplines in facilitating spiritual maturation (module five)
    - (6) The work of Christ as the basis for spiritual direction (module six)
  - iii. The specific purpose of this exercise is to deepen our awareness, understanding, and experience of God in and through fellowship with Jesus. This will require you to consider the theological foundations, goals, and methods of your chosen discipline. Remember in particular that the hallmark of grace is *enabling* and *empowerment* rather than demand, coercion, or condemnation. Exercises that go seriously astray in this regard will not be permitted to proceed.

MDiv/MTS 15 minutes (25%)

Due: June 14

DPT 15 minutes (15%)

Grading Summary	Length	Percentage	Due
MDiv/MTS			
Module 1: Journal	500 words	10%	June 14
Module 2: Life Stories	1,500 words	25%	May 10
Module 4: Different Ways to Pray	1,000 words	15%	May 24
Module 5: Disciplines Manual	1,500 words	25%	June 7
Module 7: Devotional Exercise	15 minutes	25%	June 14
DPT			
Module 1: Journal	500 words	5%	June 14
Module 2: Life Stories	1,500 words	15%	May 10
Module 3: Challenge of the Past	2,500 words	25%	May 24
Module 5: Disciplines Manual	1,500 words	15%	June 7
Module 6: Spirituality and Research	2,500 words	25%	June 21
Module 7: Devotional Exercise	15 minutes	15%	June 14

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## Academic Honesty

Academic dishonesty is a serious offence that may take any number of forms, including plagiarism, the submission of work that is not one's own or for which previous credit has been obtained, and/or unauthorized collaboration with other students. Academic dishonesty can result in severe consequences, e.g., failure of the assignment, failure of the course, a notation on one's academic transcript, and/or suspension or expulsion from the College. Students are responsible for understanding what constitutes academic dishonesty. Please refer to the Divinity College Statement on Academic Honesty: <http://www.mcmasterdivinity.ca/programs/rules-regulations>.

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## **Gender Inclusive Language**

McMaster Divinity College is committed to employing inclusive language for human beings in worship services, written materials, and all publications. With regard to biblical texts, the integrity of original expressions (including references to God) should be respected. The NRSV and TNIV provide appropriate examples of the use of inclusive language for human subjects. With the exception of direct quotations from historical documents, inclusive language is to be used in all assignments submitted for academic credit.

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## **Style**

Stylistic considerations (including but not limited to questions of formatting, footnotes, and bibliographic references) must conform to the McMaster Divinity College Style Guidelines for Essays and Theses: <https://mcmasterdivinity.ca/resources-forms/mdc-style-guide>. To assist with composition and completion of assignments, students are encouraged to make use of [grammarly.com](https://www.grammarly.com) (<https://www.grammarly.com>), along with the academic support services provided by McMaster's Student Success Centre (<https://studentsuccess.mcmaster.ca/academic-support>). Failure to observe appropriate form will result in grade reductions. See also "CRITERIA FOR GRADING OF WRITTEN ASSIGNMENTS," below. All course assignments are to be submitted to the appropriate section of course page on the Avenue to Learn website.

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## **Cell Phone/Computer Policy**

Students are to refrain from conducting cell phone conversations while class is in session. Should you need to maintain contact with family members and/or your church or ministry, please turn off the ringer so as to avoid disturbing others; upon receipt of an urgent call, you may discretely excuse yourself from the classroom. The same policy applies to all computer-generated sound schemes, pagers, or other electronic annunciation systems.

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## **Protocols for Live-Streaming/Online Participation**

Appropriate etiquette for online participation is set out in the document Online Classroom Etiquette.pdf (<https://is.gd/rZmmwH>)

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## **Deadlines and Late Submission Penalty**

Assignments are to be submitted to the course website on Avenue to Learn, and are due at midnight on the date specified, after which they will be considered late and penalized 1% per calendar day (in whole or in part). The final date for submission of all course assignments is June 21, 2023. Assignments submitted after this date cannot be accepted for grading or credit.

### **Disclaimer:**

This syllabus is the property of the instructor and is prepared with currently available information. The instructor reserves the right to make revisions up to and including the first day of class.

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## CRITERIA FOR GRADING OF WRITTEN ASSIGNMENTS

Grading of written materials will be based on the following general criteria

Grade Range		Content	Argument	Presentation
90–100	A+	Mastery of subject matter; creativity and individualized integration of insights and their relationships; exceeds required elements	Clear, logical structure; comprehensive introduction, persuasive argumentation, and innovative conclusions	Detailed adherence to relevant style for formatting of text, notes, and bibliography; no errors of grammar or syntax; elegant presentation
85–89	A			
80–84	A–			
77–79	B+	Above-average grasp of principles and concepts, and their inter-relationship; completion of all required elements	Coherent structure and consistent argumentation; well-stated introduction and conclusion	General adherence to relevant style and format; few errors of grammar or syntax
73–76	B			
70–72	B–			
67–69	C+	Adequate understanding of theoretical foundations; minimal completion of required elements	Rudimentary structure; minimal introductory and concluding statements	Significant errors of grammar, syntax, or style
63–66	C			
60–62	C–			
57–59	D+	Low level of comprehension; required elements incomplete or missing	Lack of coherence or structure in argumentation; introduction or conclusion missing	Abundant grammatical, syntactical, and stylistic errors
53–56	D			
50–52	D–			
0–49%	F	Inability to grasp basic concepts; required elements missing	Incomprehensible or illogical structure and argumentation	Failure to follow stylistic guidelines; incomprehensible syntax

CHRISTIAN SPIRITUALITY:  
A BEGINNING BIBLIOGRAPHY

Shelf list numbers indicate resources available via Mills Memorial Library

- Ackah, William, Jualynne E. Dodson, and R. Drew Smith, eds. *Religion, Culture and Spirituality in Africa and the African Diaspora*. New York: Routledge, 2018. E-book
- Allchin, A. M. *The Living Presence of the Past: The Dynamic of Christian Tradition*. New York: Seabury, 1981. BT 90 .A46
- . *The World is a Wedding: Explorations in Christian Spirituality*. New York: Oxford University Press, 1978. BV 4501.2 .A38
- Barnes, Michael. *Interreligious Learning: Dialogue, Spirituality, and the Christian Imagination*. Cambridge: Cambridge University Press, 2012. E-book
- Bass, Diana Butler. *Christianity after Religion: The End of Church and the Birth of a New Spiritual Awakening*. New York: HarperOne, 2012. BR 121.3 .B37 2012
- Bloesch, Donald G. *Spirituality Old and New: Recovering Authentic Spiritual Life*. Downers Grove: IVP Academic, 2007.
- Bouyer, Louis. *The Spirituality of the New Testament and the Fathers*. Translated by Mary P. Ryan. History of Christian Spirituality. Paris: Desclée, 1963. BV 4490 .H513
- Bright, Pamela, and Charles Kannengiesser. *Early Christian Spirituality*. Philadelphia: Fortress, 1986. BR 195 .C5 E37 1986
- Chan, Simon. *Spiritual Theology: A Systematic Study of the Christian Life*. Downers Grove: InterVarsity, 1998. BV 4501.2 .C4754 1998
- Chandler, Diane, ed. *The Holy Spirit and Christian Formation: Multidisciplinary Perspectives*. Cham, Switzerland: Palgrave Macmillan, 2016. BT 121.3 .H635 2016
- Clapp, Rodney. *Tortured Wonders: Christian Spirituality for People, Not Angels*. Grand Rapids: Brazos, 2005. BV 4501.3 .C52 2004
- Coe, John H., and Kyle C. Stobel, eds. *Embracing Contemplation: Reclaiming a Christian Spiritual Practice*. Downers Grove, IL : InterVarsity, 2019 BV 5091 .C7 E43 2019
- de Souza, Marian, Jane Bone, and Jacqueline Watson, eds. *Spirituality Across Disciplines: Research and Practice*. Cham [Switzerland]: Springer International, 2016. E-book



- Dreyer, Elizabeth A., and Mark S. Burrows. *Minding the Spirit: The Study of Christian Spirituality*. Baltimore: Johns Hopkins University Press, 2005.
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- Grenz, Stanley J. "Christian Spirituality and the Quest for Identity: Toward a Spiritual-Theological Understanding of Life in Christ." *Baptist History and Heritage* 37 (2002) 87–105. BX 6207 .S6 B3 37/38 (2002/2003)
- Hessel-Robinson, Timothy, and Ray Maria McNamara, eds. *Spirit and Nature: the Study of Christian Spirituality in a Time of Ecological Urgency*. Eugene, OR: Pickwick, 2011. BT 695.5 .S657 2011
- Holmes, Urban T. *Spirituality for Ministry*. San Francisco: Harper and Row, 1982. BV 4011.6 .H64 1982
- Holt, Bradley P. *Thirsty for God: A Brief History of Christian Spirituality*. Minneapolis: Augsburg, 1993.
- Jeffrey, David Lyle. ed. *A Burning and a Shining Light: English Spirituality in the Age of Wesley*. Grand Rapids: Eerdmans, 1987. BV 4500 .B84 1987
- Jillions, John A. *Divine Guidance: Lessons for Today from the World of Early Christianity*. New York: Oxford University Press, 2020. E-book
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2023	Mon	Tues	Wednesday 9:00 a.m. – 12:50 p.m.	Thurs	Friday
April 24–30			Module 1 Christian Spirituality: What is it?		
May 1–7			Module 2 In the Shadow of the Cross: The Contours of a Christ-Shaped Life		MDiv/DPT <i>Life Stories</i> due
May 8–14			Module 3 Types and Typologies: Different Ways in the Way of Christ		
May 15–21			Module 4 Spiritual Disciplines: Their Form and Function		MDiv <i>Ways to Pray</i> DPT <i>Challenge of Past</i>
May 22–28			Module 5 Models of Christian Maturity		
May 29– June 4			Module 6 Discernment; Direction; Devotion		<i>Spiritual Disciplines Manual</i> due
June 5–11			Module 7 Course Retreat: Inward, Upward, and Outward with Christ MDiv/DPT Devotional Exercise due		<i>Pilgrimage</i> Journal due
June 12–18					
June 19–25			DPT <i>Spirituality and Research</i> due		
June 26– July 2			Submission of grades to Registrar <sup>1</sup>		