



RICK CARROL

***Experienced pastor, psychotherapist, working
in schools, churches and the public sector for over 15 years,
supporting individuals towards personal goals and spiritual growth.***

EXPERIENCE

PSYCHOTHERAPIST

January 2013-Present, Mississauga, ON

- Provided counseling and support to students, couples, adults
- Provided seminars & training in resiliency
- Counseled personal skill building and positive mental health.
- Developed therapeutic and treatment plans based on client needs.
- Psychotherapist with clergy care network, providing counselling to clergy members in crisis

PASTOR

Portico Community Church

January 2005-Present, Mississauga, ON

- Delivered teaching to large groups in sermons and classes
- Senior Pastors for past 6 years, led staff team of 32 people
- Individual, couples and crisis counselling & support
- Created curriculum for 12 theological courses and delivered them in 1 hour lecture format

YOUTH AND FAMILY CLINICIAN

Peel Children's Centre

June 2012 – Sept 2013, Mississauga, ON

- Provided holistic care to families in the community accessing public health services
- Counseled youth in the context of family and community support systems.

FOUNDING BOARD MEMBER

Portico Care Centre

Sept 2024 - Present, Mississauga, ON

- Established not-for-profit that offers free wholistic health care to individuals lacking health benefits

AUTHOR

May 2012 2024 - Present

- Authored 4 books, "Resiliency", "God's Love is Like, "Reconstructing Genesis", "Pursuit of Wisdom – Job"

EDUCATION

CERTIFIED LEVEL 1 EMDR

October 2025

MASTERS OF COUNSELLING PSYCHOLOGY

Yorkville University, January 2012

BACHELOR OF SCIENCE IN PSYCHOLOGY

Liberty University 2010

DIPLOMA, Ministerial Youth Studies

Masters College and Seminary 2002

ACCREDITATIONS

CERTIFICATION WITH COLLEGE OF REGISTERED PSYCHOTHERAPISTS
2015 - Present

ORDAINED MEMBER OF THE PENTECOSTAL ASSEMBLIES OF CANADA
2004 - Present

VOLUNTEER EXPERIENCE

MENTAL HEALTH COMMITTEE

Adopt For Life

2017 – 2019, Toronto ON

CHAPLAIN

Toronto Argonauts

2008 – 2013, Mississauga, ON

AUXILIARY POLICE

CONSTABLE

Peel Police

2006 - 2009 Mississauga, ON

BOARD MEMBER

Master's College and Seminary

2019 – 2025, Mississauga, ON

REFERENCES

Academic Reference

Jeromey Martini, DMIN

President, Masters College and Seminary

Jeromey.martini@mcs.edu, 3067159774

Pastoral Reference

Duane Henry, BTH

Associate Pastor, Portico Community Church

dhenry@porticocanada.ca, 905.826.9612

Professional Reference

Walter Joseph, DMIN

Executive Pastor, Portico Community Church

wjoseph@porticocanada.ca, 905.826.9612

Personal Reference

Patrick Dorcas,

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