



# McMaster Divinity College

## McMaster Divinity College MS 3XC3 Advanced Pastoral Counselling G. Wade Rowatt, PhD

**May 23-26, 2017**

9:00 am-12:00 pm (Tues)

9:00am-4:00pm (Wed - Thurs)

9:00am-1:00pm (Fri)

### **Course Description: Advanced Pastoral Counselling**

This course is designed to equip persons in church settings for effective counselling with individuals at an advanced level appropriate to their role and education. Basic theories of counselling will be evaluated in relation to formal structures of caring within a faith context. Biblical and theological foundations provide a base for integrating the behavioral sciences with pastoral counselling. Students will participate in a supervised video review of skills and process organization.

NOTE: Students who take this course must have previously taken at least one counselling course with a practicum element.

### **Specializations:**

Pastoral Care and Counselling

Pastoral Studies

Church and Culture

### **Objectives:**

#### **Knowing**

To examine research and clinical information about theology, theories, types, and process of personal counselling in a Christian context.

To explore the needs for pastoral counselling at various stages of the human life cycle.

#### **Being**

To develop positive attitudes toward the churches' ministry of counselling in the congregation and with the community.

#### **Doing**

To go beyond the basic skills of personal counselling in the context of a church vocation.

### **Methods:**

- A. Presentation of information and modeling of basic counselling skills will be done by means of lectures, video, and role-plays.
- B. Students form themselves into small groups of three to five persons each and alternate being counselor, counselee, and recall worker.
- C. Independent library research will focus on readings, both assigned and elective, and the keeping of a reading journal derived from experiences in class.

### **Expectations:**

Relax, observe, and participate.

- A. Care for each other in counselling.
- B. Turn in two book reviews on Clair Hill, Helping Skills, or Gerald Egan The Skilled Helper and Howard Clinebell and Sister Bridget Clare McKeever, Basic Types of Pastoral Counselling. One is due in class and the other two weeks later. (30% each)
- C. A case review of a recent counselling relationship. (30%)
- D. Counselling skills will be evaluated in the small group settings. (10%)

### **Course Policies**

#### A. Textbook Purchase:

All required textbooks for this class are available from the College's book service, READ On Bookstore, Room 145, McMaster Divinity College. Texts may be purchased on the first day of class. For advance purchase, you may contact READ On Bookstore, 5 International Blvd, Etobicoke, Ontario M9W 6H3 : phone 416.620.2934; fax 416.622.2308; e-mail [books@readon.ca](mailto:books@readon.ca). Other book services may also carry the texts.

#### B. Academic Honesty:

Academic dishonesty is a serious offence that may take any number of forms, including plagiarism, the submission of work that is not one's own or for which previous credit has been obtained, and/or unauthorized collaboration with other students. Academic dishonesty can result in severe consequences, e.g., failure of the assignment, failure of the course, a notation on one's academic transcript, and/or suspension or expulsion from the College.

Students are responsible for understanding what constitutes academic dishonesty. Please refer to the Divinity College Statement on Academic Honesty ~ <http://www.mcmasterdivinity.ca/programs/rules-regulations>

#### C. Gender Inclusive Language:

McMaster Divinity College uses inclusive language for human beings in worship services, student written materials, and all of its publications. In reference to biblical texts, the integrity of the original expressions and the names of God should be respected. The NRSV and TNIV are examples of the use of inclusive language for human beings. It

is expected that inclusive language will be used in chapel services and all MDC assignments.

**Class Schedule:**

|        |   |
|--------|---|
| May 23 | Introductions and course expectations,<br>Assessment of level of practice<br>Understanding Individual Counselling, and<br>Formation of Counselling Labs   |
| May 24 | Theological Foundations of Counselling<br>Psychological Foundations of Counselling<br>Basic Types of Counselling<br>Elements of Facilitative Communication<br>Counselling Labs<br>The Interview Process and Flow<br>Focused Intake Interviews |
| May 25 | Transference and Counter-transference<br>Resistance<br>Counselling Labs<br>Stress and Anxiety<br>Depression and Grief<br>Developmental Issues<br>Relationship Issues<br>Counselling Labs  |
| May 26 | Structures of Personality and Self<br>Referral Counselling<br>Termination Issues and Records<br>Consultations and Supervision<br>Evaluations<br>Lunch together  |

|                 |     |                    |
|-----------------|-----|--------------------|
| <b>Grading:</b> | 30% | Book Review        |
|                 | 30% | Second Book Review |
|                 | 30% | Case Analysis      |
|                 | 10% | Counselling Skills |

All assignments are to be sent to [sthom@mcmaster.ca](mailto:sthom@mcmaster.ca). In the subject line, please include your last name and the name of the assignment; e.g., Rowatt – Book Review

**Due Dates:** 1st Book Review (latest by May 26)  
2<sup>nd</sup> Book Review (latest by June 9)  
Case Review (latest by June 23)

Late assignments will lose 1% per day (including weekends). **No assignments will be accepted after the cut-off day of June 23.**

There are no course extensions unless they have been improved by the Registrar's Office:  
thomn@mcmaster.ca

### ***BIBLIOGRAPHY***

Beattie, Melody, Codependent No More, 1987.

Borchert, Gerald and Andrew D. Lester, Spiritual Dimensions of Pastoral Care, 1985.

Clinebell, Howard and Sister Bridget Clare McKeever, Basic Types of Pastoral Care and Counseling. 2011

\_\_\_\_\_, Well Being: A Personal Plan for Exploring and Enriching the Seven Dimensions of Life, 1991.

Corey, M. S. and G. F. Corey, Groups: Process and Practice, 1996.

Doehring, Carrie, *The Practice of Pastoral Care: A Postmodern Approach*. Louisville: Westminster/John Knox Press. 2006.

Dunlap, Susan J., Counseling Depressed Women, 1997.

Egan, Gerald, The Skilled Helper, 2000.

Fowler, James, Faith Development and Pastoral Care, 1987.

Carol Gilligan, In A Different Voice: Psychological Theory and Women's Development, 1982.

Haney, James and Jacqueline Leibsohn, Basic Counseling Responses in Groups, 2000.

Hill, Clair. Helping Skills, 2009.

Hiltner, Seward and Lowell Colston. The Context of Pastoral Counseling, 1961.

Jackson, Walter, Codependency and The Christian Faith, 1987.

James, John W. and Frank Cherry, The Grief Recovery Handbook, 1988

Lerner, Harriet, The Dance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships, 1997.

Lester, Andrew D., The Angry Christian, 2003.

Marx, R. J. and S. W. Davidson. *Facing the Ultimate Grief: Coping with the Death of a Child*. Fredonia, Wisconsin: Champion Press, 2003.

Montilla, Esteban and Ferney Medina. *Pastoral Care with Latinos*, Minneapolis: Augsburg Fortress, 2006.

\_\_\_\_\_, Pastoral Care With Children In Crises, 1985.

Oates, Wayne E., Confessions of A Workaholic, 1971.

\_\_\_\_\_, Pastoral Counseling, 1974.

\_\_\_\_\_, The Christian Pastor, 1984.

Oates, The Struggle to Be Free, 1983.

Patton, John, Pastoral Counseling: A Ministry of the Church, 1984.

Pruyser, Paul W., The Minister as Diagnostician, 1976.

Rowatt, Wade, Adolescents in Crises: A Guidebook for Parents, Teachers, Ministers, and Counselors, 2001.

Smolin, Ann and John Guinan, Healing After the Suicide of a Loved One, 1993.

Stillion, Judith M. and Eugene E. McDowell, Suicide Across the Life Span, 1996.

Wimberly, Edward P., Counseling African American Marriages and Families, 1997.

Wright, Jesse H. and Monica Ramirez Basco, Getting Your Life Back: The Complete Guide to Recovering From Depression, 2001

Wynn, J. C., Family Therapy in Pastoral Ministry, 1991.

## **Journals**

Journal for the Scientific Study of Religion

Journal of Religion and Health

Journal of Pastoral Care

Journal of Pastoral Theology

Journal of Supervision and Training in Ministry

Review and Expositor

## **Book Review Format**

1. Give the Author, Title, and Publication Data. Provide a brief statement of who **the author** is and his or her **qualifications** for writing this book.
2. State the **purpose** of the book and the **methodology** of the author.
3. How well did the author **accomplish the stated purpose**? Why?
4. **Summarize each chapter** in sentence form. Give **your brief understanding** of the main points.
5. What were the **strengths and weaknesses** of this book?
6. **How** would you hope to **use this** in your current and/or future ministry?
7. Would you **recommend** this book to others? **Who? Why?**

### **Contact Information**

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### Disclaimer

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