

McMaster Divinity College
Pastoral Care with Troubled Persons
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Description

This course is designed to investigate personality theories, stress, and coping behaviors from selected perspectives of psychology, culture, and biblical/theological foundations. Students will be requested to look at their own beliefs and thoughts in these areas in order to consider applications for pastoral care, pastoral counseling, and spiritual guidance. Lectures, video, role play, and case studies will provide students with the fundamentals of care and counseling with troubled persons and with abnormal behavior or personality issues.

Specializations: Church and Culture, Counselling and Spiritual Care, Pastoral Studies

Objectives:

Knowing

1. To increase awareness of psychological and theological understandings of personality and abnormal behavior.
2. To acquaint students with current research on personality and abnormal behavior as a focus for pastoral care, pastoral counseling, and spiritual guidance.

Being

1. To develop a personal understanding of assumptions about and expressions of personality and abnormal behavior.
2. To encourage opportunities for students to explore their own personality and behavior from a faith perspective.

Doing

1. To develop the basic skills of pastoral care, pastoral counselling, and spiritual guidance with troubled persons.

Methods:

- A. Presentation of information and perspective on personality and abnormal behavior will be done by means of lectures, video clips, and interviews.
- B. Students form themselves into discussion groups of three to five persons each in order to thrash out their understanding of personality and abnormal behavior in relationship to religious experience. Each student is to turn in a 5-10 page journal of their group observations, participation, and reflections.
- C. Independent research will focus on one type of personality and abnormal behavior in one's family of origin for the past two generations.

- D. Students will write a book reviews on the Wayne E. Oates, Care of Troublesome People or a selection from the bibliography if they have already read this text.

Required Texts

Oates, Wayne E., Care of Troublesome People or Behind the Mask

Bernstein, Albert, Emotional Vampires

Requirements:

- A.** Share with each other in the class and the groups. A journal on your contributions to the topics, your observations of others' input, and your reactions to the others in this group is **the last day of class (May 20, 2016)**. (10%)
- B.** Turn in a **book review** on Oates, Care of Troublesome People or Behind the Mask. **Fourth day of class (May 19, 2016)**. (30%)
- C.** A **book review** on Bernstein, Emotional Vampires is **two weeks after class (June 3, 2016)**. (30%)
- D.** The **independent reflection project** can be a summary of a theory of personality as it applies to the patterns in your own family. Include axioms that guided your family in dealing with these patterns. How has this impacted your life and/or your pastoral care and counseling? Due **three weeks after class (June 10, 2016)**. (30%)

Book Review Guidelines

1. Give the Author, Title, and Publication Data. Provide a brief statement of who **the author** is and his or her **background** for writing this book.
2. State the **purpose** of the book and the **methodology** of the author.
3. How well did the author **accomplish the stated purpose**?
4. **Summarize each chapter** in sentence form. Give **your brief understanding** of the main points.
5. What were the **strengths and weaknesses** of this book?
6. **How** would you hope to **use this** in your current and/or future ministry?
7. Would you **recommend** this book to others? **Who? Why?**
8. If you use other reviews, be clear about **giving credit** and citations

Class Schedule:

- Day one Introductions and Course Expectations
Understanding Pastoral Care, Pastoral Counseling, and Spiritual Guidance
Biblical and Theological Foundations
Organizing Labs
- Day two Definitions of Basic personality terms
The Five Factor Model of Personality
Axis I Disorders
Care and Childhood and Adolescents Disorders
Care and Adult Issues
Discussion Labs
- Day three Substance Related Disorders
Faith, 12 Steps, and Addictions
Care and Psychotic Disorders
(Schizophrenia, Paranoid, Delusions)
Care and Mood Disorders (Depression & Anxiety)
Discussion Labs
- Day four Care and Trouble with Eating, Sleep, and
Impulse Control
Care and Personality Issues: Antisocial, Borderline,
Histrionic, Narcissistic, Avoidant, Dependent, and
Obsessive Compulsive
Discussion Labs
- Day five Global Assessment of Functioning
Referral Counseling and Records
Final Evaluations

SELECTED BIBLIOGRAPHY

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Borchert, Gerald and Andrew D. Lester, Spiritual Dimensions of Pastoral Care, 1985.

Bosco, Monica, Never Good Enough, 1999.

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Clinebell, Howard, Basic Types of Pastoral Counseling, 1996.

Collie, Robert M. The Obsessive –Compulsive Disorder: Pastoral Care, 1999

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Dunlap, Susan J., Counseling Depressed Women, 1997.

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Fowler, James, Faith Development and Pastoral Care, 1987.

Gilligan, Carol, In a Different Voice: Psychological Theory and Women's Development, 1982.

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Jackson, Walter, Codependency and the Christian Faith, 1987.

James, John W. and Frank Cherry, the Grief Recovery Handbook, 1988

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Lerner, Harriet, The Dance of Anger. New York: Harper Perennial, 1989.

Andrew D. Lester, The Angry Christian. Louisville: Westminster John Knox, 2004.

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Wayne E. Oates, Anxiety and the Christian Experience, Westminster Press, 1955.

Oates, Behind the Mask, 1987.

Oates, Christ and Selfhood, 1961.

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Ornstein, Robert, Psychology of Consciousness, 1972.

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Pargament, Kenneth, The Psychology of Religion and Coping, 2001

Patton, John, Pastoral Counseling: A Ministry of the Church, 1984.

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Pruyser, Paul W., The Minister as Diagnostician, 1976.

G. Wade Rowatt, Adolescents in Crises: A Guidebook for Parents, Teachers, Ministers, and Counselors, 2001.

Samenow, Stanton E. Inside the Criminal Mind, 1984.

Simmons, Paul, Faith and Health, 2007.

Smolin, Ann and John Guinan, Healing After the Suicide of a Loved One, 1993.

Stillion, Judith M. and Eugene E. McDowell, Suicide Across the Life Span, 1996.

Thornton, Edward, Being Transformed

Wimberly, Edward P., Counseling African American Marriages and Families, 1997.

Jesse H. Wright and Monica R. Basco, Getting Your Life Back. New York: Simon and Schuster, 2001.

Wynn, J. C., Family Therapy in Pastoral Ministry, 1991.

Policies for all Courses at McMaster Divinity College

Textbook Purchase:

All required textbooks for this class are available from the College's book service, READ On Bookstore, Room 145, McMaster Divinity College. Texts may be purchased on the first day of class. For advance purchase, you may contact READ On Bookstores, 304 The East Mall, Suite 100, Etobicoke, ON M9C 5K1: phone 416-620-2934; fax 416-622-2308; e-mail books@readon.ca. Other book services may also carry the texts.

Academic Dishonesty – Academic dishonesty is a serious offence in the academic world that may take any number of forms, including plagiarism, the submission of work that is not one's own or for which previous credit has been obtained, and/or unauthorized collaboration with other students. Academic dishonesty can result in severe consequences, e.g., failure of the assignment, failure of the course, a notation on the transcript, and/or suspension or expulsion from the College. It is your responsibility to understand what constitutes academic dishonesty. Please refer to the McMaster Divinity College Statement on Academic Honesty located at <https://www.mcmasterdivinity.ca/programs/rules-regulations>

Inclusive Language ~ McMaster Divinity College uses inclusive language in worship services, student written materials, and all of its publications. In reference to biblical texts, the integrity of the original expressions and the names of God should be respected. The NRSV is a good example of the use of inclusive language. It is expected that all students will use inclusive language in all MDC assignments.

Sexual Harassment ~ Sexual harassment is a violation of the integrity of persons in the form of unsolicited, unwelcome, verbal or physical behaviour, which discriminates on the basis of gender about a person's body, attire, gender, marital status or economic status. Among faculty, staff, and students, sexual harassment of any kind will not be tolerated.

Disclaimer ~ this syllabus is the property of the instructor and is prepared with currently available information. The instructor reserves the right to make changes and revisions up until the first day of class.